

THE OBERON ASSISTED LIVING WEEKLY MENU

WEEK OF December 21 – December 27, 2025

	SUNDAY 21	MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26	SATURDAY 27
BREAKFAST ENTRÉE SIDES	Blueberry Crepe's Fresh Fruit Bacon	Scrambled Egg's Bacon Toast Fruit	Hashbrown Patty Sausage English Muffin Fruit	French Toast Bacon Fresh Fruit	Creamy Scrambled Egg's Maple Sausage Fruit	Blueberry Mini Waffles Bacon Fruit	Chocolate Chip Pancakes Sausage Fresh Fruit
LUNCH ENTRÉE SIDES DESSERT OF THE DAY	Turkey Tetrazzini Buttered Cauliflower Fried Potatoes	Hearty Lasagna Soup Side Salad W/ Ranch Garlic Bread	Lemon Pepper Breaded Fish Wild Rice Mixed Veggies	Pot Roast W/ Gravy Mashed Potatoes Buttered Asparagus	Cherry Pineapple Glazed Ham Sweet Potato Casserole Cauliflower & Broccoli Casserole w/ Bacon	Orange Chicken White Rice Cheese Wonton Stir Fry Veggies	Zena's Famous Hot Hamburger Mashed Potatoes Buttered Carrots
DINNER ENTRÉE SIDES	Ham & Lentil Soup Ceaser Side Salad Dinner Roll	Spinach & Mushroom Quiche Parmesan Tomatoes Fresh Fruit	Spaghetti & Meat Sauce Dinner Roll Green Beans	Fried Chicken Potato Salad Buttered Corn	Brown Bag Dinner: Turkey Cheese Sandwich Chips Cookie	Beef Nacho's W/ Cheese & Salsa & Sour Cream Side Salad W/ Ranch Refried Beans	Potato Cheese Soup Roast Beef Sandwich

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