

THE OBERON ASSISTED LIVING WEEKLY MENU
WEEK OF OCTOBER 26 – NOVEMBER 1, 2025

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	26	27	28	29	30	31	1
BREAKFAST	Sausage Biscuits & White Pepper Gravy	Hard Boiled Egg Bacon Hashbrown Patty	Scrambled Egg’s Maple Sausage	French Toast Bacon	Spinach Mushroom Quiche Ham Steak	Sugar Waffle Bacon	Blueberry Pancakes Sausage Links
ENTRÉE							
SIDES	Fruit	Fresh Fruit	English Muffin Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
LUNCH ENTRÉE	Green Olive Picadillo	Chicken Pesto Pasta w/ Parm	BBQ Beef Brisket	Brown Sugar Meatloaf	Hand Breaded Fish w/ Tartar Sauce	Chicken Soft Taco’s w/ Cheese, Lettuce & Tomato’s	Steak & Potato Stew w/ Carrot’s & Celery
SIDES	Black Cheesy Beans Calico Rice	Tomato Bisque Buttered Cauliflower	Baked Beans Candied Carrots	Mashed Potatoes & Gravy Mixed Vegetables	Corn on The Cobb Bacon Pasta Salad	Refried Bean’s Spanish Rice	Buttered Beets Cornbread w/ Butter
DESSERT OF THE DAY							
DINNER ENTRÉE	Sausage Alfredo Tortellini	Shrimp Green Chili Tortilla Bake	Smoked Ham & Swiss on Croissant	Turkey Chef Salad	Cabbage Roll’s	Swedish Meatball’s Over Egg Noodles	Sausage & Pepperoni Pizza
SIDES	Buttered Green Beans Garlic Bread	Roasted Corn Salsa & Chips	Chips Side Salad W/ Ranch	Cup of Chicken Noodle Soup Crackers	Garlic Bread Steamed Green Beans	Buttered Asparagus Dinner Roll	Side Salad W/ Ranch

Alternates: Hamburger/Cheeseburger, Chef's Salad, Grilled Cheese, Turkey or Ham Sandwich, Peanut Butter and Jelly Sandwich